

**John B. Lacson Foundation Maritime University – Molo, Inc.
College of Business
Iloilo City**

**PHYSICAL AND EMOTIONAL WELLNESS AMONG THE BACHELOR OF
SCIENCE IN CRUISE SHIP MANAGEMENT
STUDENTS**

A Research Study Presented to the
Faculty Members of the College of Business
of John B. Lacson Foundation Maritime University – Molo, Inc.
Iloilo City

In Partial Fulfillment of the Requirements in Research
(Methods of Research)

by

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Abstract

The purpose of this study was to determine the physical and emotional wellness among the BS Cruise Ship Management students at JBLFMU- Molo in the first semester for the S.Y. 2011-2012. This study utilized 200 randomly selected BSCSM students. The researchers used the descriptive method of research. The data were gathered using a 20-item questionnaire modified by the researchers. The data were analyzed with the aid of Statistical Package for Social Sciences (SPSS) Software. The descriptive statistics used were frequency count, mean, and standard deviation. The inferential statistics used were t-test and One-way ANOVA. Result showed that physical wellness of BSCSM at JBLFMU - Molo is "At risk". The emotional wellness of BS Cruise Ship Management students at JBLFMU - Molo is "At Risk" as well.